Delaware Health Care Commission Thursday, September 3, 2015 9:00 a.m. Delaware Tech Terry Campus Corporate Training Center Rooms 400A & B 100 Campus Drive, Dover

Meeting Minutes

Commission Members Present: Bettina Riveros, Chairperson; Theodore W. Becker, Jr.; Thomas J. Cook, Secretary of Finance; Rita Landgraf, Secretary, Delaware Health and Social Services; Janice L. Lee, MD; Dennis Rochford; and Karen Weldin Stewart.

Commission Member Absent: Susan A. Cycyk, M.Ed, Director of Prevention and Behavioral Health Services, Department of Services for Children, Youth and Their Families; A. Richard Heffron; Kathleen Matt, PhD; and Janice E. Nevin, MD, MPH.

Staff Attending: Laura Howard, Executive Director; and Marlyn Marvel, Community Relations Officer.

CALL TO ORDER

The meeting was called to order at 9:00 a.m. by Bettina Riveros, Commission Chair. She welcomed Governor Jack Markell.

PAIN AWARENESS PROCLAMATION

Governor Markell presented a proclamation naming September Pain Awareness Month to Cheyenne Luzader, the Integrative Health Care Coordinator at Beebe Healthcare.

Ms. Luzader stated that she was pleased to accept the proclamation on behalf of Beebe Healthcare. She thanked Phil Mandel for all of his work with developing the Pain Linx support group for people in pain. The integrative program at Beebe will be 18 years old in November. They are the first in the state to have a program like this and it is one of the longest lasting in the country.

PRESENTATION: TAKING ACTION TO HELP CHRONIC PAIN SUFFERERS IN DELAWARE

Phil Mandel, of Pain Linx, gave a presentation on taking action to help chronic pain sufferers in Delaware. A copy of the presentation is posted on the Delaware Health Care Commission's website at http://dhss.delaware.gov/dhcc/presentations.html.

Mr. Mandel stated that actions to change the way chronic pain is perceived and treated include assisting legislators to better understand chronic pain and requesting that the Health Care Commission develop a chronic pain initiative.

He provided the following summary of Governor Markell's proclamation:

- More than 100 million people in the U.S. live with chronic pan.
- Many healthcare professionals are unaware of how to effectively treat pain.
- Increased awareness and treatment options can lead to much needed relief.
- All citizens should strive to educate themselves and their communities about chronic pain.

AUGUST 6, 2015 MINUTES

Dr. Jan Lee made a motion that the August 6, 2015 meeting minutes be approved. Ted Becker seconded the motion. There was a voice vote. Motion carried.

AFFORDABLE CARE ACT/HEALTH INSURANCE MARKETPLACE UPDATE

Secretary Rita Landgraf presented an update on Delaware's Health Insurance Marketplace. A copy of the presentation is posted on the Delaware Health Care Commission's website at http://dhss.delaware.gov/dhcc/presentations.html.

Federal Navigator Grants Awarded

- On September 2, 2015, the Centers for Medicare and Medicaid Services (CMS) announced a total of \$600,000 in grants to two organizations to help Delawareans apply and enroll through the Marketplace.
- Chatman LLC received \$339,096 and Westside Family Healthcare received \$260,904 to support the work of Navigators, who help consumers understand the coverage options and financial assistance available at HealthCare.gov.
- The funds awarded this week cover the first year of a three year grant that runs until September 1, 2018.

Timeline of Rate Review

- May 16 August 23 Actuarial review of rates
- June 15 July 15 Public comment on rates
- July 16 August 23 Commissioner's review of rates and determination on requested increases
- August 24-25 Submission of rate recommendations and data to CMS for QHP Certification
- August 26 September 16 CMS review of QHP application and recommendations
- September 17–18 Certification notices and QHP agreements sent to issuers by CMS
- September 25 Agreements, including final plan list, returned to CMS
- October 8-9 Validations notice confirming final plan list and countersigned agreements sent to issuers by CMS
- October 15 Rates posted on Department of Insurance website

Key Dates

- November 1, 2015 is the beginning of open enrollment for Plan Year 2016.
- January 31, 2016 is the end of open enrollment for Plan Year 2016.
- Consumers who experience qualifying life events, such as birth/adoption of a child, loss of minimum essential coverage, aging out of parents' insurance at age 26, etc., may enroll outside of open enrollment.
- Enrollment assisters and agents and brokers are available to assist with enrollments outside an open enrollment period.
- Visit www.ChooseHealthDE.com to find assistance.
- Medicaid enrollment is open all year. Small businesses can enroll in SHOP anytime.

CENTER FOR MEDICARE & MEDICAID INNOVATION (CMMI)

Delaware's State Innovation Model (SIM) Update

Ms. Riveros gave an update on the CMMI State Innovation Models Project (SIM). A copy of the presentation is posted on the Delaware Health Care Commission's website at http://dhss.delaware.gov/dhcc/presentations.html.

Summary of August DCHI Board Meeting

- Provided updates on recent progress, including:
 - ➤ Committee activities for Patient & Consumer and Workforce
 - ➤ Common Scorecard Version 1.0 testing and feedback received with summary of potential changes
 - Executive Director recruitment, DCHI infrastructure, and branding & website
- Discussed Care Coordination:
 - ➤ Reviewed delivery model changes over the past couple years in Delaware (e.g., launch of ACOs)
 - Discussed primary elements of Care Coordination consensus paper, including common processes, cost estimates, and eligibility
- Discussed progress for Healthy Neighborhoods:
 - Reviewed input received from stakeholders (including hospitals, grant makers and existing Delaware community health organizations.)
 - > Discussed latest draft of boundaries
- Covered feedback received about the Cross-Committee meeting and participants' requests for the focus of the next meeting in the fall.

Near-term priorities

- Finalize workforce learning and capacity consensus paper
- Develop Behavioral Health Integration strategy
- Finalize Healthy Neighborhoods operating model and refine neighborhood boundaries
- Continue design of value-based payment models, including frameworks for tying the Common Scorecard to a payment model
- Incorporate feedback into version 2.0 of Common Scorecard

The next meeting of the DCHI Board will be held on September 9, 2015 at 2:00 p.m. in Room 113 at the University of Delaware's STAR Campus.

QUALITY CARE AT THE END OF LIFE

Representative Paul Baumbach gave a presentation on Improving End-of-Life Care in Delaware. A copy of the presentation is posted on the Delaware Health Care Commission's website at http://dhss.delaware.gov/dhcc/presentations.html.

Representative Baumback proposed that Delaware should create an Advanced Care and End-of-Life Working Group to develop a set of recommendations for improving the care of advanced illness in the State by Spring of 2016. He stated that the Health Care Commission should serve as the administrative home for the work group.

Action

Ted Becker made a motion that the Health Care Commission staff provide to the Commission at the October meeting a recommendation for a workgroup on Quality Care at the End-of-Life, including the number and qualifications of members of the work group, a timeline for activity, and the scope of the issues to address. Karen Weldin Stewart seconded the motion. There was a voice vote. Motion carried.

Pat Maichle, of the Developmental Disabilities Council, recommended that people with disabilities be included in the work group.

OTHER BUSINESS

Dr. Jan Lee stated that the Delaware Health Information Network (DHIN) received notice of award of the grant that they applied for. They requested \$3 million and were awarded \$2.7 million. Thirty-five states applied for the grant and twelve states received awards including Delaware and Rhode Island.

The funding will assist Delaware with the technology to support the state innovation plan. It will include working with the behavioral health community and the long term post-acute care community, which includes nursing homes, assisted living, and home health, to provide them with technology that will allow them to communicate electronically with other members of the health care community, especially the primary care providers, specialists, hospitals and acute care centers. They will be providing tools that will assist the care coordination, such as notification when a patient has been seen in a hospital emergency department, and being able to provide that notification to their primary care provider so that care coordination can be arranged for that patient in a timely way.

Mr. Becker stated that, in addition to it being Pain Awareness Month, September is Ovarian Cancer Awareness Month.

Secretary Landgraf stated that September is also International Overdose Awareness Month.

PUBLIC COMMENT

Carol Bancroft, of the Delaware Technical Community College, stated that the U.S. Department of Health and Human Services has awarded a five year \$2.4 million grant to Delaware Tech and its partners, Nemours and Sidney Kimmel Medical College. The grant will give 100 diverse high school students extra support in the STEM fields, science, technology, engineering and mathematics, in order to develop a pipeline in Delaware for them to pursue and obtain health care degrees. Hopefully that will reduce the disparity in Delaware's future workforce.

Cheryl Heiks, of Cozen O'Connor, stated that the American Lung Association is hosting a Lung Force Breakfast on Tuesday, September 8, 2015 from 7:30 a.m. to 10:00 a.m. at the Christiana Care John H. Ammon Medical Education Center in Newark.

Jonathan Kirch, of the American Heart Association, stated that the Wilmington Heart Walk is on September 12, 2015 at the Bellevue State Park.

Mark Thompson stated that the Medical Society of Delaware will hold the third annual Campaign for Kids: "It's Obvious" 5k Run/Walk and Health Fair on Sunday, September 13, 2015 at 9:00 a.m. at the Wilmington Riverfront Dravo Plaza.

<u>NEXT MEETING</u>
The next meeting of the Delaware Health Care Commission is 9:00 a.m. on Thursday, October 1, 2015 at the DelTech Terry Campus Corporate Training Center, Rooms 400 A & B, 100 Campus Drive, Dover.

ADJOURN

The meeting adjourned at 10:20 a.m.

GUESTS

Carol Bancroftt Delaware Technical Community College Paul Baumbach Delaware House of Representatives

Anthony Brazen, III, DO DMMA Ray Brouillette Easter Seals

Judy Chaconas Division of Public Health

Marisa Cheng University of DE Center for Disabilities Studies

Jeanne Chiquin ACSCAN

Kathy Collison Division of Public Health

Mike Cordrey ab&c Cynthia Denemark DMMA

Ryshema Dixon Henrietta Johnson Medical Center

Harding Drane Department of Insurance

JoAnn Fields, MD Local Physician
Jim Gallagher Morris James, LLP

Jerry Gallucci DHSS Sheila Grant AARP

Siobhan Hawthorne Christiana Care Health System

Cheryl Heiks Cozen O'Connor

Susan Jennette Department of Insurance
Phyllis Kelly Beebe Medical Center

Jonathan Kirch American Heart Association
Jim Lafferty Mental Health Association

Paul Lakeman Bayhealth

Ernie Lopez Delaware State Senate

Cheyenne Luzader Beebe Healthcare Developmental Disabilities Council

Tom MacPherson Office of U.S. Senator Tom Carper Pat Maichle Developmental Disabilities Council

Phil Mandel Pain Linx George Meldrum Nemours

Nick Moriello Health Insurance Associates Sara Myers for Agnes Delaware State University

Richards

Linda Nemes Department of Insurance
Maggie Norris Westside Family Healthcare
Brian Olson La Red Health Center

Anthony Onugu United Medical

Patt Panzer

Alex Parkowski ab&c Pam Price Highmark

Frank Pyle Department of Insurance

Rebecca Reichardt Office of Management & Budget

Paul Reynolds Department of Insurance Joseph Richichi DMGMA/HOME

Jill Rogers DSAAPD
Paula Roy Roy Associates

Patricia Slygh Parkinsons of Sussex County
Marge Fleming Smith Parkinson Action Network

Karen Stoner Highmark Duane Taylor MACHC

Mark Thompson Medical Society of Delaware

Jose Tieso HPES DMMA

Bhavana Viswanathan University of Delaware Center for Disabilities Studies